



# Three-step in vitro maturation culture of bovine oocytes imitating temporal changes of estradiol-17 $\beta$ and progesterone concentrations in preovulatory follicular fluid

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**Abstract.** The objective of the article is to evaluate the effect of three-step in vitro maturation (IVM) culture system imitating estradiol-17 $\beta$  (E<sub>2</sub>) and progesterone (P<sub>4</sub>) concentrations in preovulatory follicles on in vitro bovine embryo production. The cumulus–oocyte complexes (COCs) were collected from follicles (2 to 8 mm in diameter) of bovine ovaries obtained from a local slaughterhouse. For IVM, the COCs were cultured for 22 h in a three-step system: (1) culture in medium 199, containing 700 ng mL<sup>-1</sup> E<sub>2</sub> and 50 ng mL<sup>-1</sup> P<sub>4</sub>, for 5 h, followed by the medium containing 150 ng mL<sup>-1</sup> E<sub>2</sub> and 150 ng mL<sup>-1</sup> P<sub>4</sub> for 11 h, and then the medium containing 20 ng mL<sup>-1</sup> E<sub>2</sub> and 300 ng mL<sup>-1</sup> P<sub>4</sub> for 6 h (EP group); (2) culture in the medium containing 700 ng mL<sup>-1</sup> E<sub>2</sub> for 5 h, followed by the medium containing 150 ng mL<sup>-1</sup> E<sub>2</sub> for 11 h, and then the medium containing 20 ng mL<sup>-1</sup> E<sub>2</sub> for 6 h (E group); or (3) culture in the medium containing 50 ng mL<sup>-1</sup> P<sub>4</sub> for 5 h, followed by the medium containing 150 ng mL<sup>-1</sup> P<sub>4</sub> for 11 h, and then the medium containing 300 ng mL<sup>-1</sup> P<sub>4</sub> for 6 h (P group). The COCs were cultured in the medium containing 1000 ng mL<sup>-1</sup> E<sub>2</sub> for 22 h (control group). After IVM, the COCs were co-incubated with sperm and further cultured. At 48 h after insemination, the cleavage rate of embryos was not different among the groups. At 192 h after insemination, the blastocyst formation rate of EP group was significantly higher than that of the other groups. The total cell number of blastocysts did not differ among the groups. In conclusion, these results demonstrate that the three-step IVM culture system of bovine oocytes imitating temporal changes of E<sub>2</sub> and P<sub>4</sub> concentrations in preovulatory follicular fluid improves the developmental potential of embryos in vitro.

## 1 Introduction

The development of techniques for the effective production of bovine preimplantation embryos from oocytes matured and fertilized in vitro is important for embryo transfer and basic scientific research. Temperature (Lenz et al., 1983), oxygen concentration (Hashimoto et al., 2000), nutrients (Takahashi and First, 1992; Kim et al., 1993) and hormones (Fukui et al., 1982; Silva and Knight, 2000; Beker et al., 2002; Mingoti et al., 2002) during in vitro maturation (IVM) culture are considered as factors to improve in vitro development

of bovine oocytes. However, developmental rate of bovine oocytes to blastocyst in vitro was still lower than that of in vivo (Leibfried-Rutledge et al., 1987; Rizos et al., 2002). Recently, simulated physiological oocyte maturation (SPOM) system using an inhibitor of phosphodiesterase and activator of adenylate cyclase (cAMP-mediated pre-IVM) was proposed to mimic some characteristics of bovine oocyte maturation in vivo (Albuz et al., 2010). However, effectiveness of the SPOM system on bovine embryo production has not been established (Guimarães et al., 2015).

Change in steroid hormone concentration in preovulatory follicles is thought to relate oocyte maturation (Moor et al., 1980; Dieleman et al., 1983; Wrenzycki and Stinshoff, 2013). Ovulation occurs at  $24 \pm 1.4$  h after luteinizing hormone (LH) surge in cattle (Dieleman et al., 1983). Estradiol-17 $\beta$  (E<sub>2</sub>) concentration of bovine follicular fluid decreased from 798–1648 ng mL<sup>-1</sup> at 0–5 h before LH surge to 180–256 ng mL<sup>-1</sup> at 6–15 h after LH surge, and to 80–125 ng mL<sup>-1</sup> at 20–23 h after LH surge, estimated as just before ovulation (Dieleman et al., 1983; Fortune and Hansel, 1985; Hansen et al., 1988; Li et al., 2007). Simultaneously, progesterone (P<sub>4</sub>) concentration of bovine follicular fluid increased from 50–122 ng mL<sup>-1</sup> at 0–5 h before LH surge to 41–150 ng mL<sup>-1</sup> at 6–15 h after LH surge, and to 280–475 ng mL<sup>-1</sup> at 20–23 h after LH surge (Dieleman et al., 1983; Fortune and Hansel, 1985; Hansen et al., 1988; Li et al., 2007; Fortune et al., 2009).

In many studies, supplementation of 1000 ng mL<sup>-1</sup> E<sub>2</sub> to the IVM medium was effective for resumption of meiosis and promotion of maturation of bovine oocytes (Fukui et al., 1982; Fukushima and Fukui, 1985; Younis et al., 1989; Beker et al., 2002). P<sub>4</sub> was added to the IVM medium for bovine oocytes at a concentration of 50–5000 ng mL<sup>-1</sup>, and various results were reported on embryo production (Silva and Knight, 2000; Aparicio et al., 2011; Syoji et al., 2014). Concentration of P<sub>4</sub> in the IVM medium was fixed during the culture except with Syoji et al. (2014), and E<sub>2</sub> and P<sub>4</sub> concentrations in preovulatory follicular fluid were not considered for medium preparation in the previous studies. In porcine embryo production, three-step IVM culture system was developed to mimic hormonal changes observed *in vivo* (Kawashima et al., 2008). Porcine oocytes were pre-cultured with follicle-stimulating hormone (FSH) and E<sub>2</sub> for 10 h, after which time 10 ng mL<sup>-1</sup> P<sub>4</sub> was added for another 10 h. The oocytes were then transferred to fresh medium containing LH, epidermal growth factor (EGF) and 100 ng mL<sup>-1</sup> P<sub>4</sub>. Similar culture system could be applied to bovine IVM, although duration of bovine IVM culture is about half compared to porcine IVM culture. Therefore, temporal changes of E<sub>2</sub> and P<sub>4</sub> concentration to mimic changes in preovulatory follicular fluid should be examined for IVM of bovine oocytes.

The objective of the present study was to evaluate the effect of three-step IVM culture system imitating temporal changes of steroid hormone concentrations in preovulatory follicular fluid on bovine embryo production *in vitro*. Bovine oocytes were cultured in the IVM medium containing various concentrations of E<sub>2</sub> and P<sub>4</sub> for 22 h, co-incubated with sperm and further cultured to examine developmental competence to blastocyst.

## 2 Materials and methods

### 2.1 Collection of cumulus–oocyte complexes (COCs)

Ovaries were obtained from Japanese black, Holstein and their crossbred cows at a local slaughterhouse in Tottori prefecture, Japan, and transported to laboratory in sterile physiological saline at 20 °C within 4–5 h. The COCs were collected from follicles (2 to 8 mm in diameter) by aspiration using an 18-gauge needle attached to a 10 mL syringe and washed with HEPES-buffered medium 199 (31100-035, Gibco, Grand Island, NY, USA). Intact COCs (normal oocytes with ooplasm > 120  $\mu$ m in diameter and surrounded with more than three layers of unexpanded cumulus cells) were selected under a stereomicroscope (SMZ 645-3, Nikon, Japan) and used for further experiment.

### 2.2 IVM

Medium 199 Earle's salts (12340-030, Gibco) supplemented with 10% (*v/v*) fetal bovine serum (FBS, 26140-087, Life Technologies) inactivated at 56 °C for 30 min, 0.2 mM sodium pyruvate (P5280, Sigma-Aldrich, St. Louis, MO, USA), 50  $\mu$ g mL<sup>-1</sup> gentamicin sulfate (G3632, Sigma-Aldrich) and 20  $\mu$ g mL<sup>-1</sup> FSH from porcine pituitary (F2293, Sigma-Aldrich) was used as a basal medium for IVM. Thirty COCs were cultured in 300  $\mu$ L of IVM medium supplemented with steroid hormone in a well of a 48-well dish (150687, Thermo Fisher Scientific, USA) for 22 h at 39 °C in a humidified atmosphere of 5% CO<sub>2</sub> in air.

### 2.3 *In vitro* fertilization (IVF) and *in vitro* culture (IVC)

Frozen–thawed semen from a Japanese black bull was used for IVF. The motile sperm were separated by centrifugation through a percoll gradient as described previously (Takahashi et al., 1996). Briefly, percoll (Pharmacia BioProcess, Uppsala, Sweden) was diluted to 45 and 90% (*v/v*) with modified Brackett and Oliphant isotonic medium (Brackett and Oliphant, 1975) without bovine serum albumin (BSA, BO medium), and the 2 mL of 90% percoll solution were overlaid with 2 mL of 45% percoll solution (two-layer percoll gradient). Frozen–thawed semen was placed on top of the percoll gradient and centrifuged at 700  $\times$  *g* for 20 min. The top layers were removed and remaining sperm pellet (at the bottom of the 90% percoll solution) was washed using BO medium by centrifugation at 500  $\times$  *g* for 5 min. The sperm pellet was resuspended in the same medium to yield a concentration 10  $\times$  10<sup>6</sup> sperm mL<sup>-1</sup>. A 50  $\mu$ L sperm suspension was added to the 50  $\mu$ L droplet of BO medium supplemented with 6 mg mL<sup>-1</sup> BSA (A6003, Sigma-Aldrich) and 5 mM theophylline (T1633, Sigma-Aldrich). After IVM culture, 10 to 15 COCs were co-incubated with sperm (5  $\times$  10<sup>6</sup> sperm mL<sup>-1</sup>) in a 100  $\mu$ L droplet of BO medium containing 3 mg mL<sup>-1</sup> BSA and 2.5 mM theophylline cov-

ered with liquid paraffin for 18 h at 39 °C in a humidified atmosphere of 5 % CO<sub>2</sub> in air.

After insemination, the cumulus cells were removed from oocytes by vortexing in BO medium and washed three times in 100 µL of IVC medium that is a modified synthetic oviduct fluid with 3 mg mL<sup>-1</sup> BSA instead of polyvinyl alcohol (Takahashi et al., 1996). The embryos were cultured for 192 h (8 days after start of IVF culture) in groups of 10 to 15 presumptive zygotes per 40 µL droplet of IVC medium covered with liquid paraffin at 39 °C in a humidified atmosphere of 5 % CO<sub>2</sub>, 5 % O<sub>2</sub> and 90 % N<sub>2</sub>.

## 2.4 Examination of embryo development

At 48 h after insemination (day 2 of IVC), cleavage rate of embryos was examined by observation of the embryos under a stereomicroscope. Developmental competence to blastocyst was evaluated at 192 h after insemination (day 8 of IVC). The embryos that formed blastocoele were classified into early blastocyst, blastocyst, expanded blastocyst and hatched blastocyst (Linder and Wight, 1983). The total cell number of blastocysts was counted using the air-drying method (Takahashi and First, 1992). Briefly, blastocysts were placed in a hypotonic solution (0.9 % sodium citrate supplemented with 0.3 % FBS) for 15 min. They were then treated with fixative (methanol : acetic acid = 3 : 1) and dried on a glass slide. After staining with 3 % Giemsa solution, the total cell number of each blastocyst was counted under a bright-field microscope (CX41, Nikon).

## 2.5 Experimental design

The IVM basal medium supplemented with 1000 ng mL<sup>-1</sup> E<sub>2</sub> (E8875, Sigma-Aldrich) was used as control medium (Fukui et al., 1982; Fukushima and Fukui, 1985; Younis et al., 1989; Beker et al., 2002). The COCs were cultured in the control medium for 22 h (control group). To imitate temporal change of E<sub>2</sub> and P<sub>4</sub> concentrations in bovine follicular fluid corresponding to 3 to 25 h after LH surge, the COCs were cultured in the basal medium containing 700 ng mL<sup>-1</sup> E<sub>2</sub> and 50 ng mL<sup>-1</sup> P<sub>4</sub> (P8783, Sigma-Aldrich) for 5 h, then moved to fresh medium containing 150 ng mL<sup>-1</sup> E<sub>2</sub> and 150 ng mL<sup>-1</sup> P<sub>4</sub> and cultured for 11 h. Finally, the COCs were moved to fresh medium containing 20 ng mL<sup>-1</sup> E<sub>2</sub> and 300 ng mL<sup>-1</sup> P<sub>4</sub> and cultured for 6 h (EP group). To imitate temporal change of only E<sub>2</sub> concentrations in the follicular fluid, the COCs were cultured in the medium containing 700 ng mL<sup>-1</sup> E<sub>2</sub> for 5 h, followed by the medium containing 150 ng mL<sup>-1</sup> E<sub>2</sub> for 11 h, and then the medium containing 20 ng mL<sup>-1</sup> E<sub>2</sub> for 6 h (E group). To imitate temporal change of only P<sub>4</sub> concentrations in the follicular fluid, the COCs were cultured in the medium containing 50 ng mL<sup>-1</sup> P<sub>4</sub> for 5 h, followed by the medium containing 150 ng mL<sup>-1</sup> P<sub>4</sub> for 11 h, and then the medium containing 300 ng mL<sup>-1</sup> P<sub>4</sub> for 6 h (P group). These three-step IVM culture systems are

**Table 1.** Three-step IVM culture of bovine oocytes.

Experimental groups	Steroid hormones	Concentration of steroid hormones at each time of IVM culture (ng mL <sup>-1</sup> )		
		0–5 h	5–16 h	16–22 h
Control	E <sub>2</sub>	1000	1000	1000
	P <sub>4</sub>	0	0	0
EP	E <sub>2</sub>	700	150	20
	P <sub>4</sub>	50	150	300
E	E <sub>2</sub>	700	150	20
	P <sub>4</sub>	0	0	0
P	E <sub>2</sub>	0	0	0
	P <sub>4</sub>	50	150	300

Periods of IVM culture at 0–5, 5–16 and 16–22 h correspond to 22–17, 17–6 and 6–0 h before ovulation, respectively. IVM medium was exchanged at 5 h and 16 h of IVM culture.

shown in Table 1. In preliminary experiment using the control medium, medium exchange at 5 and 16 h of IVM culture did not affect subsequent embryo development to blastocysts. After IVM culture, the COCs were further cultured for IVF and IVC. The cleavage rate, blastocyst formation rate and total cell number of blastocysts were examined.

## 2.6 Statistical analysis

Experiments were replicated five times. Values are presented as means ± standard deviation (SD). Statistical analysis was performed using StatView software (Abacus Concepts, Berkeley, CA, USA). The data of cleavage rate and blastocyst formation rate were arcsine-transformed before the analysis. The data were analyzed by one-way ANOVA followed by the Bonferroni post hoc test. Difference with  $P < 0.05$  was considered significant.

## 3 Results

The results of IVF-IVC after three-step IVM culture of bovine oocytes with various concentrations of E<sub>2</sub> and P<sub>4</sub> are shown in Table 2. At 48 h after insemination (day 2), the cleavage rate of embryos was not different among the groups. At 192 h after insemination (day 8), the blastocyst formation rate of EP group was higher than that of the other groups ( $P < 0.05$ ). The blastocyst formation rate was not different among E, P and control groups. Percentages of early blastocyst, blastocyst, expanded blastocyst and hatched blastocyst were similar between EP and control groups. The percentage of embryos reaching the early blastocyst stage tended to be higher in E group without significant differences, while the percentage of embryos reaching the hatched blastocyst stage was highest in P group and significantly higher than E

**Table 2.** The effect of three-step IVM culture imitating temporal changes of E<sub>2</sub> and P<sub>4</sub> concentrations in preovulatory follicles on in vitro maturational and developmental competence of bovine oocytes.

Experimental groups	Total number of oocytes cultured for IVC	Cleavage rate <sup>1</sup> (%)	Blastocyst rate <sup>2</sup> (%)	Percentage of each blastocyst stage <sup>3</sup> (total number of blastocyst)				Total cell number of blastocysts <sup>3</sup> (number of blastocysts examined)	
				E	B	EX	H	B	EX
				Control	409	81.2 ± 3.3	30.8 ± 1.8 <sup>B</sup>	28.1 ± 15.3 (34)	19.3 ± 12.7 (25)
EP	147	83.7 ± 6.4	39.4 ± 4.4 <sup>A</sup>	32.3 ± 17.6 (19)	13.5 ± 10.0 (8)	26.0 ± 6.2 (15)	27.8 ± 10.3 <sup>AB</sup> (16)	104.3 ± 18.2 (8)	166.9 ± 36.9 (15)
E	140	79.9 ± 2.4	30.0 ± 2.1 <sup>B</sup>	43.9 ± 22.3 (18)	23.3 ± 20.8 (10)	18.6 ± 23.1 (8)	13.9 ± 12.1 <sup>B</sup> (6)	127.8 ± 44.6 (10)	187.1 ± 27.3 (8)
P	148	75.7 ± 4.2	29.0 ± 2.7 <sup>B</sup>	14.4 ± 15.9 <sup>b</sup> (6)	11.4 ± 11.9 <sup>b</sup> (5)	22.4 ± 17.0 <sup>ab</sup> (10)	51.7 ± 24.4 <sup>Aa</sup> (22)	111.8 ± 21.4 (5)	138.5 ± 35.4 (10)

Percentage data are means ± SD of five replicates. E<sub>2</sub> and P<sub>4</sub> concentrations in the three-step IVM culture are shown in Table 1. <sup>1</sup> At 48 h after insemination (day 2). No. of 2–4 cell embryos/no. of oocytes cultured. <sup>2</sup> At 192 h after insemination (day 8). No. of blastocysts/no. of oocytes cultured. <sup>3</sup> At 192 h after insemination (day 8). E: early blastocyst; B: blastocyst; EX: expanded blastocyst; H: hatched blastocyst. <sup>A,B</sup> Values with different superscripts within a column differ significantly ( $P < 0.05$ ). <sup>a,b</sup> Values with different superscripts within a row among percentages of blastocyst stages differ significantly ( $P < 0.05$ ).

group ( $P < 0.05$ ). The total cell number of blastocysts and expanded blastocysts did not differ among the groups.

#### 4 Discussion

In the present study, we improved the developmental competence of bovine oocytes to blastocyst stage using a three-step IVM culture system imitating temporal changes of E<sub>2</sub> and P<sub>4</sub> concentrations in preovulatory follicular fluid. The three-step IVM culture system imitating either E<sub>2</sub> or P<sub>4</sub> concentrations in preovulatory follicular fluid (E and P groups) did not affect oocyte development to blastocyst, so that both E<sub>2</sub> and P<sub>4</sub> stimulations during IVM culture are necessary for enhancement of bovine oocyte development. In porcine embryo production, Kawashima et al. (2008) developed a three-step IVM culture system to enhance the development to blastocyst stage after IVF and IVC. Porcine oocytes were pre-cultured with FSH and 100 ng mL<sup>-1</sup> E<sub>2</sub> for 10 h, after which time 10 ng mL<sup>-1</sup> P<sub>4</sub> was added for another 10 h. After 20 h, COCs were moved to fresh medium containing LH, EGF and 100 ng mL<sup>-1</sup> P<sub>4</sub>. Although neither anterior pituitary hormones nor growth factors were considered in the present three-step IVM culture system of bovine oocytes, both culture systems showed effectiveness of sequential stimulation of steroid hormones during IVM.

Various concentrations of P<sub>4</sub> (50–5000 ng mL<sup>-1</sup>) were added to bovine IVM medium (Silva and Knight, 2000; Aparicio et al., 2011; Syoji et al., 2014). IVM culture of bovine oocytes with 50 or 100 ng mL<sup>-1</sup> P<sub>4</sub> did not affect development to the blastocyst (Aparicio et al., 2011), while that with 94 ng mL<sup>-1</sup> P<sub>4</sub> decreased the blastocyst formation rate (Silva and Knight, 2000). In the present study, IVM culture of bovine oocytes with 50–300 ng mL<sup>-1</sup> P<sub>4</sub> (P group) did not affect the blastocyst formation rate. However, supplementation with 1000 or 5000 ng mL<sup>-1</sup> P<sub>4</sub> during the last half of IVM culture increased the blastocyst formation rate of bovine oocytes (Syoji et al., 2014). Exposure of bovine

oocytes to P<sub>4</sub> at concentration in the preovulatory follicles may not affect or adversely affect the developmental competence in vitro, but P<sub>4</sub> at extremely high concentration may enhance it. In the present study, the percentage of embryos reaching the early blastocyst stage tended to be higher in E group without significant differences, whereas the percentage of embryos reaching the hatched blastocyst stage was highest in P group and significantly higher than E group ( $P < 0.05$ ). Exposure of bovine oocytes to P<sub>4</sub> at the pre-ovulatory level might accelerate the embryo development in vitro.

In the present study, the E<sub>2</sub> + P<sub>4</sub> treatment during IVM (EP group) seems advantageous in comparison to the other treatments, because of the highest rate of blastocyst. However, the actual differences are rather small and are nearly in the range of normal blastocyst rate after IVM. These results suggest that the other system in addition to steroid hormone action exists for improving in vitro developmental competence of bovine oocytes, for example, pituitary hormone action as shown in porcine oocytes (Kawashima et al., 2008). The present results showed the highest rate of most advanced (i.e., hatched) blastocysts in P group. This result suggests a possibility that the additional treatment rather than steroid hormones, such as pituitary hormones, may improve the developmental rate of P<sub>4</sub> treatment, even though the normal blastocyst rate was higher in EP group than P group.

Bovine COCs secrete E<sub>2</sub> and P<sub>4</sub> during IVM (Mingoti et al., 2002; Schoenfelder et al., 2003; Salhab et al., 2011; Blaschka et al., 2015). During IVM of bovine COCs (30 COCs/300 µL IVM medium) for 24 h, P<sub>4</sub> concentration in the medium significantly increased (3.3 to 10.4 ng mL<sup>-1</sup>), but E<sub>2</sub> concentration did not change (52.8 to 74.7 pg mL<sup>-1</sup>; Blaschka et al., 2015). Therefore, the influence of P<sub>4</sub> secreted by COCs should be considered when P<sub>4</sub> was added to the IVM medium. However, in the present three-step IVM culture system using 20–700 ng mL<sup>-1</sup> E<sub>2</sub> and 50–300 ng mL<sup>-1</sup> P<sub>4</sub>, E<sub>2</sub> and P<sub>4</sub> secretion by bovine COCs can be ignored



due to their small amount and removal by medium exchange twice during the culture.

Supplementation with E<sub>2</sub> and P<sub>4</sub> to the IVM medium affected gene expressions of proteins by combining with each receptor in the nucleus passing through a cumulus and oocyte plasma membrane (Bain et al., 2007). Beker-van Woudenberg et al. (2004) supplemented with E<sub>2</sub>-BSA conjugate, which is a non-cell-permeable E<sub>2</sub>, to the IVM medium and demonstrated that 1000 ng mL<sup>-1</sup> (3.67 μM) E<sub>2</sub> had detrimental effects on maturation of bovine “denuded” oocyte. Aparicio et al. (2011) reported the presence of genomic and nongenomic P<sub>4</sub> receptors (PRs) in bovine COCs both before and after IVM. The protein expression of genomic nPR-A and nPR-B and nongenomic mPRα and mPRβ increased in cumulus cells after IVM, whereas genomic nPR-A and nongenomic mPRα and mPRβ decreased in oocytes after IVM, indicating a different role for each receptor in bovine oocyte maturation. In the present three-step IVM culture system of bovine oocytes, E<sub>2</sub> and P<sub>4</sub> added to the medium may act through various receptors in cumulus cells and oocytes.

In conclusion, the present study demonstrates that three-step IVM culture system of bovine oocytes imitating temporal changes of E<sub>2</sub> and P<sub>4</sub> concentrations in preovulatory follicular fluid improves the developmental potential of embryos in vitro. Further experiments are needed to evaluate the effect of temporal changes of E<sub>2</sub> and P<sub>4</sub> concentrations on maturational mechanism in bovine oocytes.

**Data availability.** The original data are available upon request from the corresponding author.

**Author contributions.** All authors contributed to the work described in the manuscript, and all take responsibility for it. MM, KS, CO, YG and RN as co-authors made a significant contribution to the conception and design of the experiments, as well as the analysis and interpretation of the data. Moreover, MH participated in drafting the article as well as reviewing and revising it for contents.

**Competing interests.** The authors declare that they have no conflict of interest.

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