Original study

Effects of nitric oxide synthase inhibition on goat oocyte meiotic maturation

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Abstract

Nitric oxide is a biological signalling molecule that plays a crucial role in oocyte maturation of mammalians. It is generated by the nitric oxide synthase enzyme from L-arginine. In this study we assessed the effect of nitric oxide synthase inhibition by N ω -nitro-L-arginine methyl ester (L-NAME) on meiotic maturation of goat oocytes. So, different concentrations of L-NAME (0.1, 1, 10 mM) were added to the maturation medium to evaluate the effect of inhibiting nitric oxide synthase on cumulus expansion and meiotic resumption of goat oocytes. The results showed that none of the concentrations affected cumulus expansion but the formation of the first polar body of the oocytes was suppressed in a dose dependent manner. The highest inhibitory effect was observed with 10 mM L-NAME. Moreover, to confirm the results and to evaluate whether this effect is reversible, 0.1 mM sodium nitroprusside (a nitric oxide donor) was added only to the maturation medium which had the highest concentration of L-NAME (10 mM). The concomitant addition of nitric oxide synthase inhibitor with nitric oxide donor reversed the inhibitory effect of L-NAME on meiotic maturation. These results indicated that the nitric oxide / nitric oxide synthase system is involved in the maturation of goat oocytes and that nitric oxide requirement for nuclear maturation is higher than that for cumulus expansion.

Keywords: goat, oocyte maturation, nitric oxide, L-NAME

Abbreviations:cAMP: cyclic adenosine mono-phosphate; COCs: cumulus-oocyte complexes; eNOS: endothelial
nitric oxide synthase; IBMX: 3-isobutyl-1-methyl-xanthin; iNOS: inducible nitric oxide synthase;
MAPK: mitogen-activated protein kinase; MPF: maturation-promoting factor; mRNA: messenger
ribonucleic acid; nNOS: neuronal nitric oxide synthase; L-NAME: Nω-nitro-L-arginine methyl ester;
NO: nitric oxide; NOS: nitric oxide synthase; SNP: sodium nitroprusside

Archiv Tierzucht 56 (2013) 25, 255-263 doi: 10.7482/0003-9438-56-025

Received: 25 April 2012 Accepted: 4 July 2012 Online: 8 March 2013

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Introduction

Nitric oxide (NO) is a highly reactive free radical which is involved in inter- and intracellular signalling pathways in various aspects of reproduction such as sexual behaviour, steroidogenesis, follicle survival, ovulation and even embryo implantation in several species (Rosselli *et al.* 1998, Thaler & Epel 2003). Nitric oxide is generated from molecular oxygen and L-arginine by nitric oxide synthase (NOS) (Moncada *et al.* 1991). Nitric oxide synthase exists in three isoforms that have been classified depending on the tissue of origin as well as functional properties (Dixit & Parvizi 2001). Endothelial NOS (eNOS) and neuronal NOS (nNOS) are calcium and calmodulin dependent and both synthesise small amounts of NO. Inducible NOS (iNOS), the third isoform, is calcium independent and produces a higher amount of NO (Nathan 1992).

All three isoforms of NOS have been identified in the female reproductive system where NO plays an important role in a variety of reproductive functions (Dixit & Parvizi 2001). In addition to our previous study on sheep oocyte (Heidari Amale et al. 2011), previous literatures have shown that NO is involved in oocyte meiotic maturation of pig (Tao et al. 2005b, Chmelikova et al. 2009), mouse (Bu et al. 2003, 2004), cattle (Matta et al. 2009) and rat (Sela-Abramovich et al. 2008). It is also reported that the NO/NOS system is involved in cumulus cells expansion (Matta et al. 2009, Tao et al. 2005b). It is well known that mammalian ovaries express eNOS, iNOS and nNOS (Van Voorhis et al. 1995, Jablonka-Shariff & Olson 1998, Klein et al. 1998, Nakamura et al. 2002, Tao et al. 2004). The presence of mRNA for all three isoforms has been recorded in cattle (Tesfaye et al. 2006) and porcine oocytes (Chmelikova et al. 2009). Findings about the effect of the NO/NOS system on the oocyte maturation are different as some researchers have shown that NO inhibits (Jablonka-Shariff & Olson 1998, Jablonka-Shariff et al. 1999) or others have shown that it stimulates (Sengoku et al. 2001, Bu et al. 2004, Huo et al. 2005, Tao et al. 2005a) the nuclear maturation. However, it seems that there are no reports on the role of the NO/NOS system in maturation of goat oocytes. Nitric oxide has different functional roles such as antioxidant agent, saving cells from oxidative stress (Kanner et al. 1991), however, it can induce cytotoxicity in some cell types (Messmer et al. 1995). The necessity of an appropriate concentration of NO (0.1 mM) for normal maturation of bovine ooctyes were found out by Matta et al. (2002). Viana et al. (2007) showed that a medium dose of NO (0.1 mM) stimulates cytoplasmic maturation of bovine oocytes while its high dose (10 mM) inhibits their nuclear and cytoplasmic maturation.

Thus, based on these established effects of the NO/NOS system on the maturation of mammalian oocytes, the aim of the present study was to investigate the effects of inhibiting NOS on the *in vitro* maturation of goat oocytes through the addition of different concentrations of a NOS inhibitor, N ω -nitro-L-arginine methyl ester (L-NAME), to the maturation medium. Determination of the effect of different agents, including NO on the *in vitro* maturation of goat oocytes will improve the quality and quantity of *in vitro* embryo production.

Material and methods

Chemicals and reagents

All chemicals and reagents used in this study were obtained from Sigma-Aldrich (St. Louis, MI, USA), unless otherwise indicated.

Ovary collection and oocytes selection

Ovaries were collected from a local slaughterhouse during the non-breeding season (July-August) and were transported to the laboratory in a thermos flask containing sterile saline (0.9% NaCl, 30-35 °C) supplemented with antibiotics (1001U/ml penicillin and 100 µg/ml streptomycin [Gibco/Invitrogen, Life Technologies, Carlsbad, CA, USA]) within 1 – 2 h following collection. After washing ovaries with freshly prepared sterile saline containing antibiotics, all visible follicles with a diameter of 2-6 mm were aspirated with a vacuum pump (with pressure of 10 kPa) equipped with a 20 gauge needle and a 50 ml plastic falcon tube. Follicular fluid containing cumulus-oocyte complexes (COCs) was collected in centrifuge tubes containing TCM-199-HEPES with 5 % FBS (Gibco/Invitrogen), 0.2 mM sodium pyruvate, 100 IU/ml penicillin, 100 µg/ml streptomycin, 50 IU/ml heparin and 3-isobutyl-1-methyl-xanthin (IBMX, 0.5 mM). IBMX inhibits enzyme synthesis that degraded phosphodiesterase cAMP (PD-cAMP), that as a result, maintains meiotic arrest during manipulation of the oocytes (Eppig & Downs 1984). After deposition, COCs with homogenous cytoplasm and with three or more layers of cumulus cells were selected into plastic dishes 35 mm in diameter by a narrow-bore pipette for the experiments.

In vitro maturation

Before culture, selected COCs were collected under stereomicroscope and washed three times in the same medium used for collection without IBMX and two times in the maturation medium used according to the experimental treatments described in the following. Oocytes were matured under mineral oil in 50 µl droplets of TCM-199 medium (Gibco/Invitrogen) (ten oocytes per droplet) supplemented with 0.5 µg/ml FSH, 5 µg/ml LH (Sioux Biochemical, Sioux Centre, IA, USA), 1 µg/ml estradiol, 10 % FBS, 100 IU/ml penicillin and 100 µg/ml streptomycin (as control medium) at 38.5 °C in 5 % CO₂ in air with maximum humidity for 26 hours.

Evaluation of cumulus expansion

At the end of the culture period, cumulus expansion was assessed using a subjective scoring method described by Tao *et al.* (2005b) with few modifications. Cumulus expansion was classified into three classes:

- total expansion (expansion of all layers of the cumulus cells),
- partial expansion (expansion of outer layers of the cumulus cells), or
- without expansion (no response observed).

Evaluation of nuclear maturation

After evaluation of the cumulus expansion, COCs were mechanically denuded from cumulus cells by repeated pipetting. Denuded oocytes were then mounted on glass slides and fixed with ethanol: acetic acid (3:1) for 24-48 h and stained in 2% acetic orcein. The oocytes were examined under a phase contrast microscope ($400\times$ Olympus CKX41, Olympus Corporation, Tokio, Japan) and classified as germinal vesicle, metaphase I, or metaphase II stages (Viana *et al.* 2007).

Experimental design

Experiment 1: effects of different L-NAME concentrations on cumulus expansion and nuclear maturation

Increasing concentrations of L-NAME (0.1, 1, 10 mM) were used to evaluate the cumulus expansion of COCs and nuclear maturation of oocytes during maturation period (26 h). Cumulus-oocyte complexes were cultured in four groups to determine whether there was a delay or block in cumulus expansion and/or meiosis progression: 1) without L-NAME (control); 2) with 0.1 mM L-NAME; 3) with 1 mM L-NAME; 4) with 10 mM L-NAME. The most effective concentration (10 mM) was used in the next experiment.

Experiment 2: effect of SNP (a NO donor) on L-NAME-inhibited oocyte maturation

This experiment was aimed to observe whether the inhibitory effect of L-NAME could be reversed by co-administration with a NO donor. So, only in the treatment with the highest L-NAME concentration, 0.1 mM SNP, a NO donor, was added. Then, the COCs were cultured in maturation medium with L-NAME (10 mM) + SNP (0.1 mM) for 26 h.

Statistical analysis

Statistical analysis was performed using SAS software v. 9.12 (SAS Institute, Cary, NC, USA). All data are presented as mean \pm SEM of four replicates. The results regarding the effect of addition of different concentrations of L-NAME on meiotic maturation and cumulus expansion were evaluated by chi-square test and *P*<0.05 was considered significant.

Results

Effect of different L-NAME concentrations on cumulus expansion

After 26 h of culture, the percentage of COCs without cumulus expansion was similar for all of treatments. Although L-NAME at the highest concentration (10 mM) partially inhibited total expansion, this inhibition wasn't significant (Table 1).

Table 2

Treatments	n	Degree of cumulus expansion, %		
		Total	Partial	Without
Control	162	91.37±0.28ª	5.55±0.34ªa	$3.08 \pm 0.45^{\circ}$
L-NAME				
0.1 mM	133	$91\pm0.30^{\circ}$	6±0.36ª	$3\pm0.50^{\circ}$
1 mM	154	89±0.25°	$6.50 \pm 0.32^{\circ}$	$4.50 \pm 0.38^{\circ}$
10 mM	129	$86.05 \pm 0.25^{\circ}$	$9.30 \pm 0.30^{\circ}$	$4.65 \pm 0.41^{\circ}$
10 mM+SNP (0.1 mM)	148	$89.87 \pm 0.27^{\circ}$	6.75±0.33ªa	3.38±0.45ª

Table 1 The effect of different L-NAME inhibitor concentrations on cumulus cell expansion of goat oocytes

Values with different superscripts within the same column are significantly different (P<0.05). Data are presented as mean ± SEM of four replicates.

Effects of different L-NAME Concentrations on nuclear maturation

The addition of different concentrations of L-NAME to the maturation medium inhibited the formation of the first polar body (as complete nuclear maturation) in a dose-dependent manner (Table 2) and the percentage of metaphase II reached to the minimum level in the concentration of 10 mM L-NAME (32.23 ± 0.19 %). Also, L-NAME at the concentration of 10 mM significantly increased the percentage of oocytes which were remained at germinal vesicle stage, while other concentrations of L-NAME exhibited no inhibitory effect on germinal vesicle compared with the control. In experiment 2, SNP (0.1 mM) that could effectively reverse the inhibitory effect of L-NAME on cumulus expansion also promoted meiotic resumption and reversed the inhibitory effect of L-NAME (10 mM) on germinal vesicle.

Effect of different L-NAME inhibitor concentrations on nuclear maturation of goat oocytes Treatments Stage of nuclear maturation n Germinal vesicle, % Metaphase I, % Metaphase II, % Control 2.02 ± 0.58^{b} $20.80 \pm 0.2^{\circ}$ 77.18 ± 0.19^{a} 149 L-NAME 0.1 mM 120 1.67 ± 0.71^{b} 32.50 ± 0.19^{b} 65.83 ± 0.19^{b} 2.75 ± 0.50^{b} 1 mM 146 53.42 ± 0.16^a 43.83 ± 0.16^c $6.61 \pm 0.36^{\circ}$ 32.23 ± 0.19^{d} 10 mM 121 $61.16 \pm 0.18^{\circ}$ 2.11 ± 0.58^{b} 10 mM+SNP (0.1 mM) 142 $21.84 \pm 0.20^{\circ}$ 76.05 ± 0.19^{a}

Values with different superscripts within the same column are significantly different (P<0.05). Data are presented as mean ± SEM of four replicates.

Discussion

This study demonstrated that *in vitro* maturation of goat oocytes was clearly affected by the different concentrations of L-NAME, a NOS inhibitor, (0.1, 1, 10 mM). The meiotic progression was suppressed by all concentrations in a dose-dependent manner. Moreover, the concomitant addition of SNP, a NO donor, reversed the inhibitory effects of L-NAME on meiotic maturation. This is the first report on the effect of the NO/NOS system in maturation of goat oocytes. Similar results have been obtained in sheep (Heidari Amale *et al.* 2011), cattle (Schwarz *et al.* 2008, Matta *et al.* 2009), mice (Bu *et al.* 2003), swine (Tao *et al.* 2005a, Chmelikova *et al.* 2010) and rat (Jablonka-Shariff *et al.* 1999).

Nitric oxide is a free radical gas with critical physiological functions (Moncada *et al.* 1991). There are many mechanisms such as activating soluble guanylate cyclase (sGC) and the synthesis of cGMP, inhibition of adenylyl cyclase (AC), alteration of phosphodiesterase (PDE), activation of calcium-dependent potassium channels and activating G_i through which NO may affect mammalian cells (Tranguch *et al.* 2003, Bu *et al.* 2004), but the exact mechanism of the influence of the NO/NOS system on oocyte maturation has not been fully clarified to date. N ω -nitro-L-arginine methyl ester is a non-selective inhibitor of NOS that can reduce the production of NO by inhibiting the expression of both eNOS and iNOS. It is reported that iNOS-derived NO is necessary for cumulus expansion and meiotic maturation by mediating the function of the surrounding cumulus cells, and eNOS-derived NO is also involved in porcine meiotic maturation (Tao *et al.* 2005b). Ovarian nitric oxide synthesis is required for maximal ovulation, and a lack of NO during the periovulatory period results in severe defects in oocyte maturation (Jablonka-Shariff *et al.* 1999).

Our previous study on sheep oocytes (Heidari Amale *et al.* 2011) represented that a concentration of 10 mM L-NAME could affect the cumulus expansion. It may indicate that sheep oocytes are more sensitive than goat oocytes to NO deficiency in maturation medium.

Regarding the assessment of the nuclear maturation in the present study, L-NAME inhibited nuclear maturation in a dose-dependent manner, and the biggest inhibition rate on nuclear maturation was obtained with 10 mM L-NAME. Ion the other hand, low and intermediate levels of L-NAME (0.1 and 1 mM) could suppress the progression of meiotic maturation, while these concentrations hadn't any significant effect on the cumulus expansion. It shows that the required NO concentration for nuclear maturation is higher than that of cumulus expansion. These findings agree with previous studies which reported that NOS inhibition by L-NAME reduced the meiosis progression of oocytes in metaphase II stage (Jablonka-Shariff & Olson 2000, Sengoku *et al.* 2001, Tao *et al.* 2004, Schwarz *et al.* 2008, Heidari Amale *et al.* 2011). In addition to metaphase I- metaphase II transition, the inhibition of NOS with L-NAME (at 10 mM) enhanced the percentage of oocytes that remained in germinal vesicle stage after the maturation period. Our result was similar with those from sheep (Heidari Amale *et al.* 2011), mouse (Bu *et al.* 2003) and porcine (Tao *et al.* 2005a, Chmelikova *et al.* 2010) oocytes. However, other literatures (Bu *et al.* 2004, Schwarz *et al.* 2008) have reported that L-NAME hasn't any effect on the germinal vesicle breakdown.

In mammals, meiosis arrest and resumption are modulated by numerous messengers including cyclic adenosine mono-phosphate (cAMP), cAMP-dependent protein kinase (PKA) and calcium ions (Van den Hurk & Zhao 2005, Tosti 2006). It is well established that intraoocyte

cAMP levels play an important role in the maintenance of the meiotic arrest at the diplotene (germinal vesicle) stage in mouse oocyte (Mehlmann 2005). But results obtained in cattle (Sirard *et al.* 1992) or sheep (Moor & Heslop 1981) indicated that cAMP accumulation in the oocyte may not be the principal physiological way to maintain meiotic arrest. Therefore, we suggested other mechanisms for the involvement of NOS inhibition on the meiotic arrest of goat oocytes. It is well known that meiotic maturation is regulated by maturation-promoting factor (MPF) and mitogen-activated protein kinase (MAPK) (Lu *et al.* 2002). It seems that the deficiency in NO production by using NOS inhibition might have affected the meiotic maturation via one of these mechanisms.

Independently of differences between animal species, MPF and MAPK activation are both important in oocyte maturation. Interference in any of these processes will inhibit MPF and MAPK activation, preventing resumption of meiosis and arresting the oocyte at germinal vesicle stage.

At the protein level, the mitogen-activated protein was present in constant amounts throughout the first meiotic division in mice. It has been shown that MAPK activation occurred after the germinal vesicle breakdown, indicating that MAPK is not required for the germinal vesicle breakdown but is involved in regulating post-germinal vesicle breakdown events (Lu et al. 2002). Unlike MAPK, MPF activity increases just before germinal vesicle breakdown and during metaphase I. It is reported that MPF plays a key role in the maintenance of germinal vesicle arrest in mammalian oocytes (Tripathi et al. 2010). Lander et al. (1996) suggest that NO and reactive oxygen intermediates activate the MAPK family in human cells through upstream activation. Huo et al. (2005) also reported that the phosphorylation of MAPK was inhibited by aminoquanidine (AG, a specific inhibitor for iNOS) in mouse oocyte. Oocyte maturation is accompanied by important structural changes, such as the reorganisation of organelles upon germinal vesicle breakdown (Albertini et al. 1987), formation of the meiotic spindle (Albertini 1992) and chromosome segregation (Longo & Chen 1985). Gordo et al. (2001) demonstrated that in bovine oocytes MAPK activity is required for spindle organisation. Lu et al. (2002) also reported that active MAPK is required for normal meiotic spindle formation and chromosome condensation and the inhibition of MAPK activation resulted in compromised microtubule polymerisation, no spindle formation and a loosely condensed chromosome. These data suggest that L-NAME may cause the inhibition of the phosphorylation of MAPK and MPF activity and subsequently the inhibition of metaphase I- metaphase II transition and is stopped at germinal vesicle stage. However, more experiments are necessary to advance this hypothesis in goat oocytes.

In conclusion, our results demonstrated that the NO/NOS system is involved in the maturation of goat oocytes and a lack of NO during the maturation results in sever defects in oocytes maturation. Although NO is needed for nuclear maturation and cumulus expansion of goat oocytes, NO requirement for meiotic maturation is higher than that for cumulus expansion. Understanding the control mechanisms of NO in oocyte meiotic maturation may lead to improved techniques for oocyte maturation and embryo production.

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